



PASSPORT TO PRODUCE

H-E-B 2026 EXPO

**PRODUCT
CATALOG**



BROCCOLI FLORETS



Broccoli florets are an excellent way to enjoy the benefits of broccoli more easily. They are already cut, washed and ready to eat.



Raw in **salads** or as **snacks**.
Cooked, sautéed or baked.



Keep it **refrigerated**,
between **34°F** and **40°F**.



PURPLE GARLIC



It offers unmatched features, In addition to its excellent nutritional contribution of vitamin C, vitamin B6, potassium, manganese, selenium and calcium.



Garlic is a source of flavor that matches with countless foods.



It is recommended to store **garlic** in a **cool, dry** and **dark** place and in **ventilated** containers.



SWEET CORN



This is the corn variety with the highest sugar content. It has an intense yellow color.



It can be consumed **fresh, roasted** or **boiled**.



Choose corn with uniform **yellow** color and **firm** corn kernels..



ICEBERG LETTUCE



It's the most popular lettuce variety due to its sweet taste and year-round availability. Its round, compact shape is very distinctive.



It is ideal in **salads, sandwiches, snacks**, or as a **side** dish.



Always keep it **refrigerated**, between **34°F** and **40°F**.



ASPARAGUS



Asparagus are one of the most nutritionally balanced plant-based foods. Their great versatility allows them to be eaten in many ways.



Sautéed or **blanched**, lightly seasoned, they are perfect as a side dish.



Keep them **refrigerated**, between **34°F** and **40°F**. Choose asparagus with firm consistency.



BROCCOLI

ORGANIC & CONVENTIONAL



It's a cruciferous vegetable, with an intense flavor and a crunchy texture. Its vitamin C content contributes to a cardiovascular and bone health, and promotes iron absorption.



it is ideal in **salads, soups, stews,** and **snacks.**



Always keep it **refrigerated,** between **34°F** and **40°F.**



CELERY HEARTS



Celery hearts are the center of the celery and its tenderest part. They are low in calories and a good source of fiber.



Raw in **salads, snacks, juices, stews** or **soups**.



Keep it **refrigerated**, between **34°F** and **40°F**.



CAULIFLOWER FLORETS



Cauliflower florets are an excellent way to enjoy the benefits of cauliflower more easily. They are already cut, washed and ready to eat.



Raw in **salads** or as **snacks**.
Cooked, sautéed or baked.



Keep it **refrigerated**,
between **34°F** and **40°F**,
isolated to prevent odor absorption.



CAULIFLOWER

ORGANIC & CONVENTIONAL



It offers unmatched features, in addition to its excellent nutritional contribution of vitamin C, vitamin B6, potassium, manganese, selenium and calcium.



Raw in **salads**, or as a **snack**.



Keep it **refrigerated**,
between **34°F** and **40°F**.



ORGANIC CELERY



It has a strong flavor and a characteristic aroma. It contains 95% water, it is low in calories and a good source of fiber.



Raw in **salads, snacks, juices, stews** or **soups**.



Keep it **refrigerated**, between **34°F** and **40°F**.



CELERY STICKS



Celery is grown year-round, and it can be packaged in various presentations due to its versatility, such as celery sticks.



Raw in **salads, snacks, juices, stews** or **soups**.



Keep it **refrigerated**, between **34°F** and **40°F**.



ORGANIC TOMATOES ON THE VINE



Organic tomato on the vine remains in its original bunches and continue to ripen even in the kitchen, maintaining their freshness and flavor.



Ideal for **stuffing** and **salads**.
Cut in slices for sandwiches, burgers
and pizzas.



Keep them at an ideal **temperature**,
between **50°F** and **55.4°F**.



ORGANIC GRAPE TOMATOES



Organic grape tomato is a sweet, bite-sized tomato. Ideal size for many recipes, including salads and snacks.



As **snack** because of their size, they're ideal to eat in oner **bite**.



Keep them at an ideal **temperature**, between **50°F** and **55.4°F**.



ORGANIC ROMA TOMATOES



Roma tomato is a very traditional variety, with a firm consistency, mild flavor, and an ideal size for many recipes.



A basic ingredient when creating **sauces** wheter for **pasta** or hot sauces.



Keep them at an ideal **temperature**, between **50°F** and **55.4°F**.



ORGANIC CHERRY TOMATOES



Among all the varieties of tomatoes, this is a small round tomato, with a sweet flavor. Ideal for salads and snacks.



Ideal for **snacks** and **salads**.
Can be cooked in pastas, stews and stir-fries.



Keep them at an ideal **temperature**,
between **50°F** and **55.4°F**.



ORGANIC MEDLEY TOMATOES



Full of juicy flavor that will burst with every bite. This variety of tomato is small and round, ideal as a snack or for salads.



Ideal for **snacks** and **salads**.
Adds a lot of color to your dishes.




Keep them at an ideal **temperature**,
between **50°F** and **55.4°F**.






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